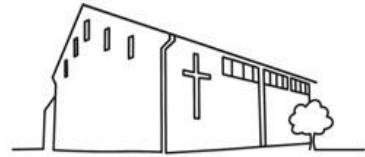


# THE WEEKLY LINK



St Wulstans Church

## Sunday 8<sup>th</sup> February

*Second Sunday before Lent --- Romans 8:18–25 and Matthew 6:25–34*

10am Together for Communion — Rev Sarah at St Barnabas

11.15 Something Else Sunday — Rev Rosie at St Wulstans (*pre-service café*)

Mon 9 February 4.45 St Barnabas standing committee (online)

Tue 10 February 10am Assemblies in St Barnabas School

Wed 11 February 10am Midweek Communion at St Barnabas

Sat 14 February 9.30 St Wulstans core team meets

## Sunday 15<sup>th</sup> February

*Alleluia Sunday Epiphany 2 --- Psalm 150 and Matthew 17:1–9*

10am Something Else Sunday — Chris & the SES team at St Barnabas

11.15 Together for Communion — Rev Sarah at St Wulstans

## Ash Wednesday 18<sup>th</sup> February

10am Together for Communion ---Rev Sarah & Rev Rosie at St Barnabas

### Ashes @ Home

1pm, 2.30pm, 4pm

*The 11.30 slot has been reserved.*

As Ash Wednesday is in February half-term, St Wulstans is hosting holiday club. And so, in addition to the St Barnabas service, we are offering four opportunities for home communion with ashing. Contact Sarah to request a visit and please do invite some guests to join you!

## Sunday 22<sup>nd</sup> February

*Encountering Lent 2 --- encountering temptation: Matthew 4:1-11*

10am Together for Communion — Rev Andy at St Barnabas

11.15 Together for Communion — Rev Sarah at St Wulstans

## ADVANCE NOTICE

### Annual Celebration | Sunday 22<sup>nd</sup> March 11.15

Our Annual Meeting will be held in a few weeks' time. Please pray for the PCC as the reports and accounts are finalised. There are opportunities to stand for election for PCC and Deanery Synod, as well as the chance to give thanks for a year of blessing.

St Barnabas | Christ Church | St Wulstans

# WORSHIP IN MARCH 2026

## Sunday 1<sup>st</sup> March

*Encountering Lent 2 --- encounters with an insider: John 3:1-17*

10am All Age Communion — Rev Sarah at St Barnabas

11.15 Together for Communion — Rev Paul and Rev Nick at St Wulstans

4pm iSingSUNDAY — family-friendly afternoon worship for the start of Spring

Wed 4 March 10am Midweek Communion at St Barnabas

## Sunday 8<sup>th</sup> March

*Encountering Lent 3 --- encounters with an outsider: John 4:5-42*

10am Together for Communion — Rev Sarah at St Barnabas

11.15 Something Else Sunday — Rev Rosie at St Wulstans (*pre-service café*)

Wed 11 March 10am Midweek Communion at St Barnabas

## Sunday 15<sup>th</sup> March

*Encountering Lent 4 --- encountering precious moments*

*Luke 2:33-35 and John 19:25-27*

10am Something Else Sunday for Mothering Sunday

Chris & the SES team at St Barnabas

11.15 Together for Mothering Sunday

Communion with Rev Sarah at St Wulstans



Wed 18 March 10am Midweek Fellowship at St Barnabas

## Sunday 22<sup>nd</sup> March

*Encountering Lent 5 --- encountering resurrection: John 11:1-45*

9.45am Annual Celebration Service including APCM — Rev Sarah at St Barnabas

11.15 Annual Celebration Service including APCM — Rev Sarah at St Wulstans

Wed 25 March 10am Midweek Communion  
for the Feast of the Annunciation at St Barnabas



# Encountering Grace

ABIDE resources Lent 2026 | The Road to Jerusalem



pages 1-2	Wednesdays in Lent	<i>In the wilderness</i>
pages 2-3	Thursdays in Lent	<i>Simeon blesses Mary</i>
pages 3-5	Fridays in Lent	<i>Nicodemus comes by night</i>
pages 5-7	Saturdays in Lent	<i>The Samaritan woman at the well</i>
pages 8-10	Sundays in Lent	<i>The man born blind</i>
pages 11-13	Mondays in Lent	<i>Lazarus is raised</i>
pages 13-14	Tuesdays in Lent	<i>At the foot of the cross</i>

# Eight Days in the City

ABIDE resources for Palm Sunday to Easter Day 2026



Take five deep breaths and check-in with how you are feeling in body, mind and spirit. Take five more deep breaths and ask God to abide with you this Holy Week, and especially in this time today you have set aside for devotions.

"HEAR THE GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO MATTHEW." Take some time to allow this phrase to sink into your heart and mind.

*Glory to you O Lord*

This resource offers 15 readings from Matthew's Gospel telling the story of Palm Sunday to Easter Sunday. You can read these at your own pace over the week.

You might like to say the Lord's Prayer and use this collect: Lord you make a gift of death to bring us to new life: free us from our need to fix and own your name so we may look for the day when you are lifted high and all are drawn into the arms of love, through Jesus Christ, the passion of God. Amen

"THIS IS THE GOSPEL OF THE LORD." Close this time with a moment of quiet and stillness, saying:

*Praise to you O Christ*

The ABIDE resource for Lent is called *Encountering Grace*. Beginning on Ash Wednesday, 18 February, it is shaped around the Gospel readings for each Sunday. Wednesdays linger in the wilderness; Thursdays pause with Simeon's blessing; Fridays sit with Nicodemus in the night; Saturdays rest at the well; Sundays face controversy and courage; Mondays keep vigil at the tomb; Tuesdays stand at the foot of the cross. Running through these encounters are the *ego eimi* sayings of Jesus — the moments in John's Gospel when he speaks the words "I am." Bread, light, gate, shepherd, resurrection, way, vine: each emerges within a human story, and each invites us to notice where our own lives are being named, sustained, challenged, or reshaped in Christ's presence. This first booklet is designed to be used slowly and repeatedly across the season, returning to the same pages rather than moving on. It pauses intentionally before Holy Week, making space for a companion resource, *Eight Days in the City*, which takes up the story from Palm Sunday through to Easter Day from Matthew's Gospel. Used together, the two resources form a single pilgrimage: first slowing us into attentiveness and encounter, and then walking with us through the intensity of the city, the cross, and the resurrection.

## This Week's Intercessions



Let us pray to God, who invites us to look again, and whose peace gathers all things into wholeness.

*Silence*

We pray for the world you love, for nations and peoples living close to the edge of provision, for places where daily bread is uncertain, and where fear of scarcity shapes life. As we look at the birds of the air, fed without storing tomorrow, teach the world again the rhythms of care, sharing, and trust. May those with much learn restraint, and those with little be sustained.

*Silence*

Lord, in your mercy,  
**look on us with love.**

We pray for your Church throughout the world, called not to earn its worth, but to receive it. As we look at the lilies of the field, clothed in beauty without striving, free your Church from anxiety about success, performance, or survival. May it rest in the dignity you bestow, and bear witness to grace that is given, not achieved.

*Silence*

Lord, in your mercy,  
**look on us with love.**

We pray for all who are burdened by what lies ahead: for those facing uncertainty, decision, or change; for those anxious about futures they cannot yet see. As we lift our gaze to your Kingdom, already unfolding, release us from the need to solve what has not yet happened. May your larger purpose steady hearts and give meaning where fear has narrowed vision.

*Silence*

Lord, in your mercy,  
**look on us with love.**

For those who have died — resting in today's grace We pray for those who have died in the hope of resurrection, and for all whose lives are now held beyond our sight. As we learn again to live within the gift of today, we entrust the past and the future into your keeping. Hold the departed in your eternal care, and strengthen us as we wait with creation for what is yet to come.

*Silence*

Lord, in your mercy,  
**look on us with love.**

We commend ourselves, one another, and all creation to your care, trusting that Christ stands at the centre, and that his peace will settle and sustain us.

**Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

**The Second Sunday before Lent**

**Romans 8:18-25**

**Matthew 6:25-34**